

BEST
OF
2007

Readers' Picks **Revealed!**

PHILADELPHIA

STYLE

JULY/AUGUST 2007

The
City's
Best
Places
To:

Shop
Eat
Relax

BEST
of
2007

MASSAGE THERAPIST

[Michelle Irizarry
at Rescue Rittenhouse]

Rescue Rittenhouse Spa Lounge is one of the only places in town offering the wonderfully bizarre and ancient process of cupping. Massage therapist Michelle Irizarry expertly delivers the holistic treatment (among more traditional massages), a practice that involves heating jars and placing them upside down onto bare skin. The trapped heat in the jars creates a suction that removes toxins and stimulates blood flow, leaving you with kink-free muscles. Irizarry's strong hands work the strained muscles of Eagles players like Correll Buckhalter and Lito Sheppard. Hey, if she can eliminate their knots, we're game. [255 S. 17th St., 215-772-2766, RescueRittenhouseSpa.com.]

Gina Riccioli gives a client her award-winning manicure.



MANICURE/ PEDICURE

[Gina Riccioli at
Rescue Rittenhouse]

Gina Riccioli, a petite 19-year-old newcomer to Rescue Rittenhouse Spa Lounge's nail staff, is skilled beyond her years when it comes to creating flawless fingertips and toes. Her perfect manis and pedis start with a customized pampering regimen to suit your needs (think strengthening base coats for fingernails). If you're indecisive about choosing a polish color, Riccioli will select the perfect shade to suit your complexion. Her top color picks for the season: feminine corals. [255 S. 17th St., 215-772-2766, RescueRittenhouseSpa.com.]