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**CALMING EFFECT**  
Danuta Mieloch shows off her posh pedicure stations.

## SHOP TALK : RESCUE RITTENHOUSE SPA LOUNGE

If calm is a state of mind, then Rescue Rittenhouse Spa Lounge is the place to achieve it. At this three-month-old beauty retreat, a corner "tea bar" serves up soothing elixirs; plush pedicure stations and a communal manicure table (think Ian Schrager hotels) tempt you to while away the afternoon. Then there are the treatments themselves: The decadent trademark 90-minute High Performance Facial, which includes microdermabrasion, a topical peel and a Rescue Oxygen Blast, is the equivalent of a nonsurgical face-lift, and the signature "Zoom Groom," a manicure, pedicure and facial performed simultaneously, inspires Cleopatra comparisons. It's all the work of owner and aesthetician Danuta Mieloch, a Polish beauty who imparts pearls of wisdom like, "Beautiful skin is a matter of choice, not chance!," and her friend and consultant, Swedish-born Mina Gough. "We wanted to create a place that focuses on an individual's needs and personalized attention," says Mieloch. Anyone who's had the pleasure of sliding between the crisp white linens on the treatment table for an intoxicating deep-tissue massage from Andre would agree: They have. —M.C.R.

255 South 17th Street, mezzanine; 215-772-2766.

December 2004 \$3.99

